

Westbrook Events



www.eventsmagazines.com

Volume 12 • Quarter 3 • 2012

In this issue:
First Selectman's Corner
Garden Club
Westbrook Recreation
Natural Gas Pipeline Expansion
Legislative Updates
and more!



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TECHNOLOGY WITH A HUMAN TOUCH

First Selectman's Corner

There have been many projects and activities that have transpired over the summer months and/or are being planned in the coming weeks. In no order of priority, I direct your attention to the following:

- Our new train station is on schedule and expected to be completed in April 2013. If you want to know what the new train station will look like, take a drive to Guilford. It is almost a mirror image of that station.

- The new Town Public Works Garage facility project on Route 145, to replace the one that was on Norris Avenue, is well underway. Public Works Director John Riggio and his staff have been an integral part of this renovation and have managed, despite this inconvenience, to complete a number of public works projects during the summer months. These include sidewalks on Willard Avenue between the Town Center and Middle/High School campus; working with our Engineering firm to address a drainage issue on Grove Beach Road, and the paving of Old Clinton Road.

- With the cooperation of Congressman Joe Courtney's office, the Army Corps of Engineers, our Harbor Commission, the marinas and many other individuals, the complete dredging of the Patchogue River will begin in early October.

- All of the above projects were funded with support either from the State of Connecticut or Federal government without any financial expenditure from the Town of Westbrook.

- We did sustain damage as a result of Tropical Storm Irene last September and we have received 75% from FEMA for all of our expenditures incurred as a result of the storm. You will note for example, a new sea retaining wall on our Town Beach.

- Southern Connecticut Gas has installed, at their expense, a gas line from Route 1 to our Middle/High School campus. Two gas fired furnaces have been installed. I encourage you to read the article on page 21.

- We are transitioning to a new Director of our Senior Center. In several meetings with our "Seniors", they expressed enthusiasm and support for what the Town had done for them in the past and anticipate even more programs and activities




First Selectman Noel Bishop

continued on page 4

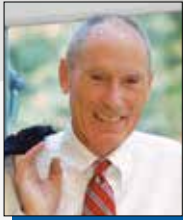
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Register online now @ www.vistatourdeshore.com

The Vista Tour de Shore is a fundraising cycling event to support the Endowment Fund of Vista Vocational & Life Skills Center, a non-profit educational program for adults with neurological disabilities along the Connecticut Shoreline.

For more information about Vista, visit www.vistavocational.org or call 860-399-8080



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18 Industrial Park Road, P.O.Box 205
Centerbrook, CT 06409
860-767-9087 Fax 860-767-0259
www.essexprinting.com

Publisher
William E. McMinn

CFO / Manager
Suzanne Spires

Editor / Art Director
Kathy Alsop
kathy.events@comcast.net
860-391-4372

Cover Editor
AC Proctor
860-767-9087

Advertising Sales
Ward Feirer
wfeirer@gmail.com
914-806-5500
Betty Martelle
betty@eventsmagazines.com
860-333-7117

Magazine Layout
Amy Bransfield

Cover photo by AC Proctor.

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• *First Selectman continued from page 1* •

for the future.

- Our Park & Rec Department has had increased enrollments in all of their Summer Programs which is a testimony to Westbrook's investment in our youth.

- Our Board of Finance, Director of Finance and Treasurer, with the full support of our municipal government and school system, have put forth budgets that are prudent, conservative and at the same time reinforce our commitment to all of our constituencies. Our fund balance for 2013 is now approximately 14%.

- Dr. Patricia Charles has accepted a position to be the new Superintendent of Schools in Middletown. During her 6 year tenure in Westbrook, among many achievements, was her commitment to work cooperatively with our municipal government and our business and industry leaders. It is this kind of rapport that is essential for all of us as we work together in continuing our excellent programs and services to all of our students.

- The Adopt-a-Spot program, initiated by volunteers, are now in over 50 locations in Westbrook. All of the materials and labor are donated and I'm sure you'll agree that it has enhanced the attractiveness of this community. This is but one example of the efforts that are made on a daily basis by so many volunteers in our community.

- Middlesex Hospital will be breaking ground this fall for their new emergency clinic on Flat Rock Road. The hospital has worked cooperatively with all of the appropriate Boards and Commissions in the Town and we are very proud that they have decided to relocate to Westbrook.

- As a municipality, we are constantly seeking ways to assist our residents by providing services to them at a reduced or no cost. An example would be that beginning last January, all electronic waste can be left at our landfill. It is estimated that at least \$20,000 has been saved as a result of that free service to our tax payers. Also, on Saturday, June 30, 2012, the Town offered a free shredding service and there were at least 300 boxes of material shredded.

At the core of everything we do are the people of this community, who on a weekly basis, continue as volunteers to serve on Boards, Commissions and Committees to make all of the major decisions to enhance our quality of life. They, along with the support of the municipal staff are continuing to plan and implement initiatives that are required to make Westbrook the strong, vibrant community for both the present and well into the future. **Individuals make the difference.** Because they are so engaged, we can continue to be proud that Westbrook is often referred to as the "Jewel of the Shoreline". We are a small Town with a big heart reaching out and continuing to serve the needs of all of our residents.

— *First Selectman Noel Bishop*



WESTBROOK - \$359,900

Delightful Condo on Patchogue River with views. 1st floor MBR suite, unfinished attic room, 2 car garage and Sunroom overlooking the river. Call Pat Reed.



CLINTON - \$250,000

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WESTBROOK - \$299,000

4 Bdrm/3 Bath Home on 2.5 Acres. Cathedral ceilings, open Living & Dining Rm. MBR with Jacuzzi Tub. 1104+sf in Lower Level. Barn for Cars & workshop. Joanne Putnam.



WESTBROOK - \$749,000

Beautiful woodland property affording privacy with rambling stream. Subdivision possibility. Ideal area for horse farm. Boundry map available. Joanne Putnam.



CLINTON - \$235,000

Solid home with 1538 square feet of living space. Nice lot that borders the Menunketesuck River. Finished lower level, Hardwood floors, 2 fireplaces and a screen porch. Sarah Marcinek.



OLD LYME - \$239,900

Industrial Building on Flat 4.19 Acres. Square footage is 1800. Call Carol Drag.



WESTBROOK - \$319,000

Great Curb Appeal in this 3 bedroom 1.5 Bath Colonial. Lovely Level Back Yard. Huge Deck (32x28) for Entertaining. Heated Garage Has Been Used for In-home Occupation. Mary Beth Joyce. Ext. 204.



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OLD SAYBROOK - \$299,900

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Vista Vocational & Life Skills Center

With operations in the Connecticut Shoreline communities from Guilford to Old Saybrook, Vista Vocational & Life Skills Center (Vista) is a fully accredited, nationally recognized, post-secondary program for adults with neurological disabilities.

Founded in 1989 as an alternative to a traditional college education, Vista has grown into a dynamic and innovative educational program serving over 160 adults. Vista students and members have an array of neurological disabilities such as autism spectrum disorders, acquired brain injury and learning disabilities.

Vista offers a community-based training program designed for individuals who would like to succeed at work and independent living, and who are seeking a non-traditional, non-academic approach to address their needs.

Upcoming Vista community events include the Vista Tour de Shore on October 21 beginning and ending at the Westbrook Elks Lodge in Westbrook and the WALK for Vista on October 28 taking place at Hammonasset State Park in Madison.

The Vista Tour de Shore is a fundraising cycling event along the Connecticut Shoreline featuring rides of 5, 25, 40 and 60 miles, while the WALK for Vista is an event highlighted by a beautiful 3-mile walk along the Connecticut Shoreline.



Vista offers a community-based training program designed for individuals who would like to succeed at work and independent living, and who are seeking a non-traditional, non-academic approach to address their needs.

To learn a more about the Vista Tour de Shore, or to register to participate, visit www.vistatourdeshore.com.

For more information about Vista, our programs, services, and the WALK for Vista, please visit www.vistavocational.org.

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Westbrook Has New Energy Committee Web Site

The Town's ad hoc Energy Committee, led by Christopher Ehler, and composed of Westbrook personnel and citizen volunteers, meets monthly. The Committee has created a web site designed to inform viewers about ongoing Town activities focused on saving energy and money, while also providing information and links to programs that individuals and businesses can pursue on their own. The web site may be viewed at: <http://westbrookenergy.org> or via a link through the Town's own web site.

The web site explains what is involved in a Home Energy Solutions Assessment, and which rebates are available to individuals and businesses for upgrading or replacing existing appliances or equipment. The site also covers ways to purchase renewable electric power with no additional cost and how federal tax credits and rebates from the State may reduce the cost of installing solar hot water, solar electric or geothermal systems to half of the initial outlay.

In addition, the web site provides information on the Town's Strategic Energy Management Plan. This Plan was developed in 2010 by the Westbrook Energy Committee, in collaboration with its partner Woodard & Curran to accomplish the following:

- Support Westbrook's desire to better manage and improve its energy portfolio by creating a common vision for energy within the community;

- Focus the Town stakeholders on important energy initiatives by providing a framework to make energy related decisions; and
- Establish an organized plan with which to identify and prioritize actions, assign responsibility and plan for future expenditures associated with the Town's energy consumption and management needs.

Individuals who are interested in joining the Committee should contact the Selectmen's Office at 860-399-3040.

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Westbrook Auto Sales is proud to welcome Michael Demusis, formerly of M & D Auto, to our staff. Mike is well known ASE Master Technician who has been serving the Shoreline for over 35 years. His experience and knowledge optimizes our ability to better serve our customers.

Westbrook Citizens Pitch In and Care for Over 40 Spots

Have you noticed adopters tending one of the 40 adopted spots? Do you know a Girl Scout who added flowers to the library lower level planters? Have you seen a Lion's Club member tending the Westbrook Welcome Sign or a group of Vista Vocational and Life Skills clients tending the sign at Mulvey Center? Did you notice that the "Painted Ladies" spruced up the town beach ladies room? Did you hear that Westbrook honored volunteers at a luncheon in June and contributed materials to spruce up the town beach?

Adopt-A-Spotters are individuals, families, members of informal groups, civic and non-profit organizations, and businesses. We are all pitching in to "Beautify Westbrook One Spot at a Time". If you would like to adopt a spot, check out the web page at www.westbrookct.us or call Libby Waldron at 860-395-6830 or Debby Rie at 860-628-1160.



Social Services

The primary responsibility of the Westbrook Social Service Department is to temporarily help people in need as well as refer them to programs or agencies that may be more appropriate for their needs. Social Services work with the Salvation Army and Youth and Family Services as with other agencies in Town.

Besides working within the community for the holidays, Social Services helps its clients fill out applications for programs such as SSD, Social Security, Title XIX, and food stamps. For questions please call 1-860-234-0043.

— Kimberly Bratz



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From the Nurse's Corner...

We hope you are all enjoying a safe and healthy summer.

In this regard, the nurses want to remind everyone how important it is to drink a lot of water to maintain good hydration all year around, but especially on hot and humid days. Adequate hydration is necessary because it carries nutrients and oxygen to our cells, keeps our skin moist, regulates our body temperature/blood pressure just to mention a few. Signs and symptoms of dehydration that you might experience are:

Thirst	Decreased urination
Fatigue	Dizziness
Headache	Constipation
Dry, sticky mouth and tongue	Muscle cramping
Dark Urine	Confusion

If you don't like drinking water, try milk, juice, Gatorade, tea, coffee (in moderation) and flavored water such as adding mint, cucumber, lemon or lime rind.

Please mark your calendars for the Westbrook VNA's annual flu clinic being held in November.

— Deborah Lovelette, RN, CHCE

Worthington Manor

Worthington Manor, a 34 unit housing complex, located in Westbrook provides affordable, senior housing for individuals on fixed incomes. This non-profit, independent living facility was built 16 years ago on land donated by the Town and is managed by Merit Properties through a volunteer Committee. The facility offers activities and programs for residents including coffee hour, book discussions and games. For the past 16 years, the State has ranked Worthington Manor #1 and the facility is a model for similar communities throughout the state.

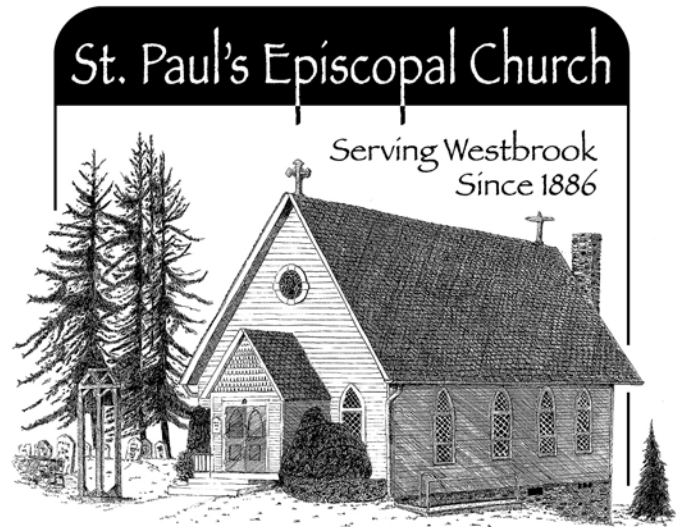
For more information, please contact Tony Barbieri at 860-399-3154.

Westbrook Land Conservation Trust

NEWEST BOARD MEMBER. Carol Ketelsen grew up in New York City but she spent lots of time in Prospect Park with its lake and zoo. She's read National Geographic for years. In 1968, for over six months she traveled around the United States and Canada continually fueling her love of natural beauty.

As Membership Chairman, Carole looks forward to sharing her desire to protect the beauty of nature's land and creatures. Ask her sometime about her frog adventures.

— Sandra A. Towle, Westbrook Land Conservation Trust



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Dave Cahill, Sr Warden
Gary Nolf, Jr. Warden
Heather Soroko, Coordinator

What makes the congregation special

We are a supportive community in which members are richly and warmly connected to each other, and always welcome newcomers. We are committed to serve others in Westbrook and the shoreline and work for justice and healing around us.

Directions: Heading north on Route 1 turn right at 4-way traffic signal onto south main Street. Heading south on Route 1 turn left at 4-way traffic signal onto South main Street. We are almost across from the fire station.

53 South Main Street, Westbrook, CT 06498
860-399-5402 (Church Phone)
www.stpaulswestbrook.org

New Flood Mapping Information

The Federal Emergency Management Agency (FEMA) has conducted a mapping study of the coastal flood hazard properties located south of Boston Post Road. This new information is more accurate and will be used locally to reduce the town's risk of flooding. This flyer is being provided to property owners in flood zone areas where there may be a change to their flood elevation/level of risk. Homeowners may find that their flood risk has increased, decreased or stayed the same since the last time a flood map was developed for Westbrook.

There will be a public meeting on the updated flood maps for residents to attend and have their questions answered. It will be held on August 16, 2012 at 7:00 p.m. in the Old



Town Garage:

185 HORSE HILL ROAD, EXIT 64

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Saybrook High School, 1111 Boston Post Road, Old Saybrook, CT 06475. There will be representatives from Westbrook, Old Saybrook and Fenwick, along with agents from the State DEEP and FEMA to answer questions about Flood Insurance and development in the floodplain. This meeting is to prepare for the upcoming flood map adoption process by the Town. For those who cannot attend the meeting, there is a link on the town's website for GIS mapping and includes a FEMA layer of proposed changes as a result of the new mapping (see quick links on left of web page). <http://www.westbrookct.us/>.

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Legislative Update

The Shoreline Preservation Taskforce is hard at work gathering information, hearing testimony, and interviewing individuals with scientific expertise. Three public hearings, in Branford, Fairfield, and Groton, were held to solicit comments, concerns, and suggestions from residents along the coastline.

Tropical Storm Irene triggered the creation of the taskforce due to the nature and pattern of the damage inflicted to properties along the Sound. It has been substantiated clearly that the mean high tide mark has risen over the past twenty years and that water temperatures have also shown significant increases. Measuring the long term effects of these changes is the ultimate mission of the group.

A report will be delivered to the General Assembly by January 1, 2013 outlining the scope of the information gathered through this investigation. Testimony was received and interviewing was conducted with several key representatives of the areas most affected by changes in coastal properties. Insurance companies, the building trades, municipal building officials, oceanographers, climatologists, and marine biologists all weighed in with their particular perspectives on the situation.

We in Westbrook have seen the changing patterns of sand and silt movement in recent years. A study conducted by



scientists from Woods Hole established trends that must be included in any determined course of action. Just the information obtained prior to the dredging that will occur this Fall provides us with questions about the future planning needed to maximize the longevity of the work to be conducted. Preventative measures may save substantial dollars by extending the effectiveness of the final result.

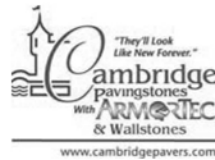
I am pleased to be an active and engaged member of this taskforce and have joined other Shoreline legislators in this bipartisan investigation. While the timeframe for the completion of our mission is short, I'm convinced that a thorough review of the current

data will generate a much needed conversation about our future options. Recommendations will flow from the report's findings and community discussions will ensue that will encompass local concerns as they apply to each community. As always,

I welcome your input and encourage you to contact me with your thoughts on this critical issue. Meeting the challenges Nature has presented us will require a delicate hand and careful deliberation as we chart our future actions.

— Jim Crawford, State Representative
Representing Clinton, Killingworth and Westbrook

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If They Are Not Crabbing, Fishing or Sightseeing, What are They Doing on the River?

This summer the Connecticut River Coastal Conservation District (the District) will be surveying the Patchogue and Menunketesuck Rivers to identify sites with stream bank erosion and other areas of degradation. Julie Blum, a Westbrook resident, is working on the survey as a District Summer Intern. Julie is a 2011 graduate of Westbrook High School and a science and music major at Gettysburg College in Pennsylvania.

The survey is part of a new effort the town's Conservation Commission is embarking on in cooperation with the District, with the long term goal of addressing nutrient and sediment pollution in the Patchogue and Menunketesuck Rivers to protect fish and wildlife habitat, restore shellfish beds, enhance recreational boating, and improve Long Island Sound health. This first year's activities include conducting comprehensive river corridor assessments to identify and document sites requiring improvement/mitigation. In the future, a plan will be developed identifying priorities for restoration and recommended management measures, and on-the-ground implementation will be initiated and completed at high priority sites.

District staff and volunteers will be surveying both rivers to collect information about stormwater outfalls, eroding banks, streambank vegetation, trash and debris, channel alterations and other potential sources of water and habitat quality degrading pollution. Most of the survey will be conducted



Patchogue River. Photo by Tom ODell

by boat. District staff has met with municipal officials, commissions and other stake holders to incorporate their local knowledge and experience in the planning and conduct of the surveys.

If you have questions, please contact Tom ODell, (860) 399-1807, or Jane Brawerman, Executive Director of the Connecticut River Coastal Conservation District, (860) 346-3282.

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Disaster Preparedness...Starts With You

Westbrook Emergency Management would like to remind our residents that Hurricane Season for Connecticut is most probable for the months of August and September. Preparedness measures taken and incorporated into your lifestyle will help you for a hurricane or any other disaster that affects you throughout the year.



Disaster Plans include going to a safe location, other than your home when you feel it's not safe or when town officials advise you to leave your home. Everyone must have an alternate location plan to stay with family or friends, outside of the imminent danger zone. We advise you not to wait for the 'last minute'.

Step 1

Go to the Westbrook Emergency Management website: www.westbrookem.com.

Review all the preparedness information and videos. This resource information is valid for all ages and for your household pets.

Are you signed up with CT ALERT to receive emergency notifications from the town on your cell phone, email, iPhone or Android device? If not, do it now. It's simple and it's free.

Step 2

Ensure your disaster kit and disaster plans are up to date and in a safe location. This includes appropriate food and water in your home, fuel for your vehicle, gas grill and cash on hand. Remember, ATM's are not usable during a power outage. Don't forget about prescription medicine. Ensure you have a sufficient supply. Please adhere to all food safety precautions when power is disrupted.

When a weather emergency is forecasted, safely secure or bring inside lawn furniture, gas grill, garbage cans and other outdoor items.

Step 3

Important documents such as insurance policies, birth certificates, social security cards and other related documents should be stored in a fireproof / waterproof secure device or at your local bank in a safe deposit box; with copies in your custody.

For more information, go to our website: www.westbrookem.com

— Donald Izzo,
Emergency Management Director



GUESS WHAT???



**Brian has been named a
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FOR THE SECOND YEAR IN A ROW!!!!**



To keep it short and sweet, here is how it works...An independent research company finds people who bought/sold property and/or worked with a real estate agent (they call them "industry peers") and ask them tons of questions about how well the agent did their job in 9 important areas. They are: customer service, integrity, market knowledge, negotiation communication, closing preparation, finds the right home, marketing of home, and overall satisfaction. No agent can "buy" their way onto the list. Only 3% of agents in a market area ever get this honor two years in a row - like Brian did.

So enough about Brian - what does this mean for YOU? It means that you know who can give you exceptional service and attention when you need to buy or sell your property. You just have to do one thing...contact Brian! He (and Leslie) will do their very best for you too!

Brian Jermaine, ABR, ASR, CRS, ePRO, GRI, SRES, SRS
Broker/Owner
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Shoreline Legislative Update

Two new laws important to shoreline residents were passed during the recently concluded legislative session. Both new laws - *Enhancing Emergency Storm Response and Changes to the Coastal Management Act* - addressed storm related issues. Late last August, Tropical Storm Irene buffeted the shoreline with high winds and rising tides leaving many residents without power for days that stretched into a week or longer for some.

In the aftermath of Tropical Storm Irene - one of the most powerful storms to hit the shoreline in 70 years - new legislation requires that utility companies execute a faster, more coordinated level of emergency response and preparedness. The new law, Public Act 12-148, An Act Enhancing Emergency Preparedness and Response sets forth the following performance standards for utility companies:

- establishes new performance standards for utility companies to restore service when an emergency results in 10% or greater of the utility's customer base without service for 48 hours or longer;
- requires regulators to review utility company staffing levels and implement a viable communications plan between the utility company and its customers;
- reviews each utility company's plan for tree trimming and tree removal; and
- establishes standards for how utility companies communicate and organize communications with local and state officials for a coordinated emergency/storm response.

Changes to the Coastal Management Act, Public Act 12-101, were also enacted in response to Tropical Storm Irene's damage to so many shoreline properties. This new legislation

- strengthens the rights of shoreline property owners;



State Representative Marilyn Giuliano

- assists in defining reconstruction solutions after storm damage to protect inhabited structures; and
- permits the Department of Energy and Environmental Protection (DEEP) to work with communities to prevent shoreline erosion.

This new law offers responsible environmental stewardship while maintaining the property rights of shoreline residents.

State Rep. Marilyn Giuliano represents Lyme, Old Lyme, Old Saybrook and Westbrook in the Connecticut General Assembly.

— *State Rep. Marilyn Giuliano*

State Rep. Marilyn Giuliano represents Lyme, Old Lyme, Old Saybrook and Westbrook in the Connecticut General Assembly.

Conservation Commission Installs New Signs

Supported by a 2007 Town Ordinance, *Article XII Motorized Vehicle Regulations for Open Space and Conservation Restrictions*, the Conservation Commission is installing **MOTORIZED VEHICLES PROHIBITED** signs on town lands designated as open space to stop All Terrain Vehicle (ATVs) damage to trails, wetlands and other fragile ecosystems.

Unfortunately not everyone obeys the signs and enforcement is difficult. Trespassers operating the ATV must be caught and ticketed by a law enforcement officer authorized by law to enforce ordinances of the Town of Westbrook. Under the ordinance violation is punishable by a fine of one hundred dollars (\$100.00) for each offense. But first you have to catch the culprits in the act on wooded, sometimes rocky trails.

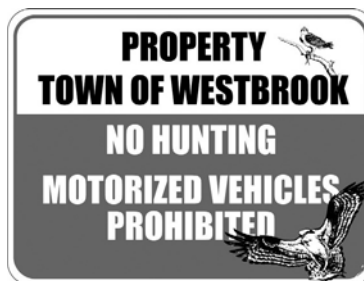


Photo credit: Conservation Commission

The Conservation Commission is now following Old Saybrook's lead and is working with the First Selectman and the Police Department to secure funds and establish patrols to deter ATV intruders. Old Saybrook's Conservation Commission purchased 2 ATVs and gave them to the police department to operate; after publicizing success in catching a couple of violators, damage caused by ATV declined significantly. We believe a similar approach will be beneficial for town and private property.

If you are having a problem with ATVs on your property please contact Tom ODell, 860-399-1807; todell@snet.net.

Happenings Along the Westbrook Waterfront

Both the Westbrook Harbor Management Commission and the Westbrook Ad Hoc Shellfish Committee have had an active year so far.

On the Shellfish front, our optimism has been replaced with determination. Our original plan to open at least some of our shellfish beds to recreational shellfishing has been dealt a blow by state budget cutbacks. The Department of Aquaculture has postponed the shoreline survey, necessary before opening any beds, and originally scheduled for late last summer, indefinitely. Additionally, the department is no longer accepting water samples from areas which are not currently open for shellfishing. We are investigating costs and methods to have the shoreline survey done independently of the Department of Aquaculture. We have a growing number of people interested in and helping the Committee, and hope to find a way to make shellfishing legal once again in Westbrook.

The Harbor Management Commission, on the other hand, has worked diligently with the town, state, and federal officials, finding the funding to dredge our entire harbor, all the way to the Singing Bridge, without town funds. Bids should be going out from the Army Corps of Engineers shortly for the dredging, which should start in October of this year. This has been a culmination of many years of effort, and a great example of federal, state, and local government cooperation.

The Harbor Management Commission has also taken over management of the mooring field in the Patchogue River, a federal anchorage. Plans are in the works to register all moorings in our town along the shoreline in order to increase boater, water skier, kayaker, and swimmer safety along our shoreline. The HMC is also well along in the process of completing a Harbor Management Plan to be approved by town voters, and State DEEP, which will add to the recently enacted Town Plan of Conservation and Development. The HMC plan documents current and future plans for the entire shoreline of Westbrook, including the Patchogue and Menenketeesuk Rivers.

The Westbrook waterfront is a combination of large sandy beaches, and an active harbor full of some 2000 recreational watercraft. The Ad Hoc Committee and the Harbor Management Commission, are concentrating on making our waterfront a clean, safe environment for everyone to enjoy for years to come.

For town updates & information:

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Local M.D. Named Full-Time Hospice Medical Director

When people think of hospice care, they often focus on death and dying. But according to Middlesex Hospital's new, full-time Hospice Medical Director (and Haddam resident) Bill Zeidler, M.D., the essence of hospice care isn't about dying.

"One of the big misconceptions out there is that a lot of people think that hospice is just about dying. It's truly not. It's truly about trying to live to the best of one's ability until the moment you die," said Dr. Zeidler.

And Dr. Zeidler should know. He has been certified in the specialty of hospice and palliative care since 1997. He is also a founding member of the American Academy of Hospice and Palliative Care Physicians.



The Middlesex Hospice and Palliative Care program began as an inpatient unit at the Hospital back in the mid-1980s. At that time, Dr. Zeidler became its first, part-time medical director. The original, six-bed inpatient unit has since expanded to a 12-bed hospice and palliative care unit and the program also provides hospice care in the home setting throughout Middlesex County and beyond.

Dr. Zeidler has a long history with Middlesex Hospital. He became a Family Practice Resident in 1975. In 1978, upon graduating from the program, he set up a private family medicine practice in Higganum. In 1997, he became a member of the Middlesex Hospital Primary Care network with offices on Saybrook Road in Middletown. Dr. Zeidler left his primary care practice this year to become the Hospital's first, full-time Hospice Medical Director. As such, Dr. Zeidler will be caring for virtually all the Hospice patients on the inpatient unit, and some in the home and in area nursing homes as well.

But, according to Dr. Zeidler, "My function is part of a large, interdisciplinary care team that includes inpatient and homecare nurses, social workers, physical therapists and occupational therapists. We use the expertise of pharmacists, who are well trained in pain medications. We have wonderful volunteers who serve a whole host of functions, from playing music on the unit to creating legacy stories about patients' lives for their families to cherish. There are clergy members who are also a key part of what we do; along with the many home health aides and patient care technicians who are also part of the caregiver team."

Dr. Zeidler admits that managing a patient's pain is an important aspect of hospice care. But he adds that the ultimate goal is to control the pain, while still keeping the patient alert and oriented. This not only benefits the patient, but the family as well.

"When we get the patient's pain under control, the patient often relaxes, which means the family can relax as well," Dr. Zeidler added.

Dr. Zeidler is looking forward to his new, expanded role in the Hospice and Palliative Care program, and for good reason.

"It's a wonderful program and it is truly amazing how much patients and families benefit from it. The message is that we're just trying to make things a little bit better for patients, and significantly better for the family. And the more support you give the patient, family and other loved ones, the better everyone does. Often, we are actually able to bring some joy into their lives during a very difficult situation."

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**High Hopes SYMPHONY Invitations
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Julia Balfour, LLC & High Hopes Therapeutic Riding, Inc. are pleased to announce that the invitations designed for the High Hopes 2012 Symphony Fundraiser have been honored with a Connecticut Art Directors Club Award. The invitations were designed by Julia Balfour, LLC, a full service creative agency. Both organizations are proud of the work that was created, and are thrilled that it was acknowledged by the professional design community.

The Julia Balfour, LLC team created the work through their pro-bono partnership with High Hopes Therapeutic Riding. Hand drawn illustrations and watercolors were utilized to create an invitation that spoke to the elegance of this biennial event. 2,500 invitations were wrapped and packaged by hand, speaking to the dedication of volunteers from both organizations. Essex Printing in Centerbrook, CT also generously donated their expertise and services in printing the invitations.

This year's Symphony fundraiser took place on June 9th, at the High Hopes Center in Old Lyme, CT. The event, which included a silent auction and a performance by the New England Orchestra, was a huge success. Ticket sales were up 10% from previous years. The evening raised over \$200,000 in donations. The funds will all be used to support the operations of the High Hopes programs, as well as their scholarship program.

The Connecticut Art Directors Club hosts an annual award show to honor exemplary design work from around the state. The High Hopes Symphony Invitations were showcased on June 15th, 2012, along with the other award recipients. The Julia Balfour, LLC team netted 16 total awards that evening.

Julia Balfour, LLC is located in Lyme, CT. As fellow horse lovers, they have been overjoyed to work with High Hopes; citing their incredible work with those who have cognitive, physical, and emotional disabilities as a constant source of inspiration.

To learn more about the High Hopes Therapeutic Riding Program, visit them online at: <http://www.highhopestr.org/>.

Find more information about Julia Balfour, LLC online at: www.juliabalfour.com or www.facebook.com/juliabalfourllc.

Essex Printing can be reached at: <http://www.essexprinting.com/>.

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Thursday: 9:00 am - 7:00 pm
Friday: 9:00 am - Noon

Youth and Family Services

Workshops, Classes and Support for the Whole Family

Parenting Intel: Crack the Code of College Financial Aid. Wed., Sep 19 - 7-9 pm. Today, the cost of college is skyrocketing. The sad result – student debt is now a trillion dollar crisis. Parents are hungry for information on how to find the best deal for their children and families. Westbrook mom and marketing specialist Micky Komara has answers. Through personal experience, she has created a 10-step plan that teaches parents how to shop for the best colleges, and how to help their children present their best selves to admission and financial aid officers. In this informative seminar, parents will explore the difference between a college's sticker price and the school's generosity with aid; learn the lingo of financial aid; discover resource-rich websites; and learn how to use net price calculators to estimate what college will really cost. Parents of any student destined for college someday are encouraged to attend—it's never too early to start the process. The workshop is free but registration is required. Register at WYFS.org.

Mother-Daughter Night. Wed., Oct 3 - 6:30-8:30 pm. Get ready for change! Mothers (or female caregivers) and their daughters ages 9-13 will enjoy this fun, informative night designed to give girls a better understanding of the changes their bodies will go through during puberty. Mom will gain a better understanding of how to face the challenges of mothering during this transitional time. Topics will include maintaining a positive body image and how to deal with difficult situations that may arise during this dynamic time. This event is facilitated by Patty Cournoyer, a health teacher who has led mother-daughter groups throughout the Shoreline. The \$25/couple fee covers the evening's handouts, goodie bag, and dessert. Registration is required and space is limited. Register at WYFS.org.

Kids-N-Motion. Tues's, Sep 11-Oct 30 9:15-9:45 (8 weeks) This enjoyable music and movement class for children ages 2-5 and a caregiver is designed to introduce children to the exciting world of creative movement. This class will encourage children to move, discover and express themselves in a highly cooperative environment. Classes will incorporate both music and movement using props such as rhythm sticks, streamers and shakers, as well as large muscle activities like balls, hoops, parachutes and obstacle courses. And caregivers and children can stay after Kids-N-Motion for the Lil' Tykes playgroup, making a full morning of fun! Fee: \$30. Register early to ensure a spot at WYFS.org.

Lil' Tykes. Tues's, Ongoing 9:45-10:30 am. This free drop-in playgroup for children newborn through 5 and their caregivers



Jacqueline Ward, Executive Director of Westbrook Youth and Family Services (left) and WYFS Chairman Kimberly Bratz (right) gratefully accept a donation from Jon Lorensen of Westbrook Honda and Westbrook Toyota. Mr. Lorensen has been a friend of WYFS for many years, and his ongoing support helps us deliver counseling and other services to the families of Westbrook.

gives you a chance to play, interact, and explore with your little one while talking with other adults. Free play and age-appropriate art projects give children opportunities to develop important social and physical skills. Come play with us!

Court-Mandated Parenting Education. Westbrook Youth and Family Services has been selected by the Connecticut Judicial Branch to teach court-mandated parenting education classes for parents going through divorce, separation or other custody issues. The classes will be offered monthly. See WYFS.org for details.

Counseling Services. Westbrook Youth and Family Services provides support and therapy for individuals, families and couples. Our therapists help strengthen family functioning, and support children and families working through life's challenges, including emotional and behavioral issues, stress, anxiety, grief, depression, anger management, chronic illness or disabilities, substance abuse, trauma, peer issues and life transitions.

Westbrook Youth and Family Services' clinical staff is comprised of Marriage and Family Therapists (MFTs) and MFT interns. MFTs are mental health professionals trained in psychotherapy and family systems. They evaluate and treat mental, emotional and behavioral problems with individuals and family systems with a specialized focus on identifying families' strengths and increasing positive interactions.

Our services are offered on a sliding-scale fee basis and state insurance is also accepted. Please call 860-399-9239 x12 to set up an appointment.

Transfer Station Hours

Mon., Wed., Sat. from 8:00 a.m. to 3:00 p.m.

PHONE: 860-399-6356

Westbrook Garden Club

The Westbrook Garden Club has had an exciting first half of the year with new members and a new look. This spring the garden club held a contest with the Westbrook High School for its new membership book cover. A committee awarded three high school students certificates of achievement: first place to Anna Schull, second place to Emily Archer, and third place to Julianna Panico.

The club is always looking for garden enthusiasts of all ages to participate in a wide range of activities to help support our goals. This year the club launched a campaign to find 12 active members for 2012; the club has welcomed eight new members so far. For more information on joining the club and to learn about club events please visit the town website <http://westbrookct.us/civicoorganization.php>, or email westbrookgardenclub@yahoo.com.

Westbrook Garden Club will hold its annual Mum sale on Saturday, September 15th at the Westbrook Historical Society's "Day on the Green." (Rain date the 16th.) Additionally daffodil bulbs and member plants will be for sale and we will hold our annual raffle. To preorder your mums please email westbrookgardenclub@yahoo.com or call Cathy Curt at 860-399-1245.

MISS MULVEY



My day is done...time for a catnap.

Oct 16 - Deadline for the next issue of **WESTBROOK EVENTS**

Contact Jill in the First Selectman's office 860-399-3040 or e-mail jbrainerd@westbrookct.us to submit an article or press release.

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Estuary Council

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CAFÉ MEAL SITES - Old Saybrook, Old Lyme, Chester, Clinton, and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

SATURDAY FAMILY BREAKFAST at the Old Saybrook Café, 8 am - Noon. Join us on Saturdays for made-to-order breakfast - just \$5 per person! Menu choices include the Estuary Omelet, Pancakes, Oatmeal, or Eggs – any style. All served with home fries and bacon or sausage, juice or fruit, coffee and milk.

CLASSES AND ACTIVITIES: Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

ESTUARY THRIFT SHOP: Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

ESTUARY QUILT RAFFLE TICKETS AVAILABLE. A quilt top donated by Kathy Kundel was finished and quilted by three Old Saybrook residents: Mike Neville, Diana Marino and Joan Pollock. The quilt will be displayed in various places throughout the summer. Raffle tickets are available for \$1.00 each at our welcome desk, from members of our Board of Directors and at local fairs. Drawing will be on September 16th. Winner need not be present to win.

DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL. Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

YOU'VE GOT MAIL! - Be the first to know what is happening by getting our newsletter emailed to you. Visit our website at www.ecsenior.org and click on the Newsletter icon to follow the link and sign up! Please let us know to remove you from the mailing list once you've decided to go paperless.

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SAVE THE DATE for our Annual Autumn on the Dock Auction - September 30th.



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November 13: Country music jamboree - Chicopee, MA, line dancing - family style lunch - \$63.

December 4: Swinging big band Christmas show - Westfield, MA. Family-style lunch. Bright night Christmas lights on the way home. \$74.

Natural Gas Pipeline Expands in Westbrook

Natural gas savings will be heading back to school this fall in the Town of Westbrook.

In 2011, the leadership of Westbrook and Southern Connecticut Gas Company (SCG) partnered to bring the benefits and cost savings of natural gas to Westbrook High School, Westbrook Middle School and Ingraham Elementary School by converting the existing heating and hot water systems from oil to natural gas. Over 7,000 feet of new plastic gas main was installed with the schools as the anchor customers. The natural gas main was installed at no cost to the town and the projected fuel savings is approximately 40%-50%.

The conversion of equipment at the middle and high schools is underway and will be completed this summer prior to the 2012-2013 school year. The Ingraham Elementary School will be converted during the summer of 2013. The opportunity to connect to the new gas main exists along the route to the schools. In addition, some homes and businesses have already made the decision to convert. The expansion of the natural gas pipeline to the schools was connected from an existing line on Old Clinton Road, near Spencer's Landing development, north onto Pond Meadow Road and then onto McVeagh Road to service both the middle school and the high school. This route gives the gas company access to a proposed new industrial subdivision, 73 residential and 4 potential commercial customers. With a conversion to natural gas – potential

consumers will save money, save energy, with the availability of high efficiency equipment, and save the environment with a clean burning fossil fuel.

While the benefits of converting to natural gas are as plentiful as the supply, hurdles to convert still exist since the new gas main is not available in every Westbrook neighborhood. Local Distribution Companies, like SCG, can not justify main expansion without committed customer natural gas usage. Cost to serve a new customer needs to be supported by revenue collected solely from that customer over 15 to 20 years. There is also the cost of conversion to consider. The average cost of conversion of equipment and labor is approximately \$5,000 to \$8,000. Although the cost of conversion can be considered high, significant fuel savings and financing options are available to help offset the cost and provide a quick pay-back to homeowners.

SCG is owned and operated by UIL Holdings Corporation and is based out of Orange, Connecticut. SCG encourages homeowners and business owners to consider natural gas as the energy source of choice. Natural gas is a versatile fuel that is not only used for heat and hot water but for cooking, clothes drying, fireplaces and gas grills as well. For natural gas availability and potential natural gas expansion projects in your area, call SCG's Marketing Department at 1-855-926-4427 or visit online at www.socnngas.com.

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The Westbrook Foundation Scholarships

The Westbrook Foundation, a non-profit started in 1984 by school teacher Barbara Spencer, has been awarding scholarships and grants to local students and town organizations since its inception and was proud to give 26 graduating seniors, in the 2011 class, the 52nd to graduate from Westbrook High School, a total of \$66,600 in scholarship monies to be used toward higher education pursuits. An additional \$18,000 will be given to Westbrook residents, through the Messerschmidt Scholarship Fund.

The Veterans Memorial Scholarship was awarded to Elizabeth Twigg. The Josephine S. Crump Scholarship was awarded to Brendan Rauniker. Scott Nicoll and Merilee Sader earned the Dorothy Christopher Hoyt Scholarship. The Oscar Manstan/Richard Nolf Memorial Industrial Arts Scholarship went to Alexander Tragakes. Stephanie Cyphers earned the Herbert A. Muller, Jr. Memorial Scholarship and Crystal Halibozek was awarded the Ellen S. Murphy Scholarship.

Meghan Prevost, Stephanie Cyphers and Lauren LaDelfa were awarded the Henry Ortner Memorial Scholarship. The Olin E. Neidlinger Music Scholarship is going to Olivia Tempesta.

The Elliot A. Spencer Memorial Scholarship was awarded to Sarah Chapell. Merilee Sader received the Raymond L. Wilson Scholarship and Alexander Tragakes was awarded the Westbrook Grange #123 Scholarship.

Kathryn Donlan was awarded the Pat Mazeau & Myrtie Gareau Scholarship. Jacob Jackson received the Brandon E. Norman Memorial Scholarship and the Dan Nuhn Scholarship was given to Jacob Jackson.

The Marie Mazeau Memorial Scholarship is going to Stephanie Cyphers and the Shoreline Amateur Radio Club Scholarship is going to Sean Sparaco.

The Class of 1993-1998, who recently celebrated a reunion, offered a one time scholarship from excess monies left over from their get together. This Scholarship is going to Sean Gesner.

The Barbara Spencer Memorial Scholarship was given to Sarah Luft, Olivia Tempesta and Mitchell Honan; for leadership Megan Lohutko; Good Citizenship, Callie Hagemeister and Special Awards were given to; Olivia Tempesta, Sarah Luft, Sarah Chapell, Scott Nicoll, Hailie Bromson, Jacob



State Representative and Vice Chairman of the Westbrook Foundation, Jim Crawford, awards Alex Tragakes with the Westbrook Grange #123 scholarship at the Westbrook High School Graduation ceremony.

Collins, Sean Gesner, Colin Zehnder, Erica Martel, Kathryn Donlan, Jesse Jimenez, Mindy Khamvongsa, Amanda Strukus and Caroline Gallagher who attended Mercy High School.

Twelve Westbrook residents will receive scholarship funds from the Messerschmidt Fund; Jamie Abraham, Jordan Bean, Christopher Cusano, Kenneth A. Cusano, Tyler J. Gracey, Joshua Jimenez, Jennifer Labbadia, Britney Malhotra, Dominic Panico, Ian Parman, Megan E. Pielli and Edward Vallee.

Congratulations to all scholarship recipients from the Westbrook Foundation.

To Everyone at TOPS

(Take Off Pounds Sensibly)

We would like to take this opportunity to thank you for all you do for our seniors. You bought us toasters, a large umbrella and two more Bistro Sets for our patio. It is such a pleasure to know and appreciate a group like yours. Again we wish to say thank you for all your kindness and generosity.

The Westbrook Senior Center

Westbrook Senior Citizen Club

Seeking New Members

We are starting our 38th year. Meetings are held on the 2nd & 4th Wednesday of the month, starting Wednesday, September 12th in the library lower level, 61 Goodspeed Drive, Westbrook. We sometimes have entertainment, pot luck dinners, picking our favorite places to eat out, and much more. Come on down and check us out!

For info please call Richard 860-669-0996

Westbrook Recreation

Summer Westbrook Events

Westbrook is the best place to be during the summer months! Our Recreation Department has camps and programs for everyone. Field Hockey, Soccer, Baseball, Basketball, Tennis and Theatre Camps are available to every child. We do programs for children from Westbrook and for nonresidents from all over the shoreline.

It's still not too late to sign-up for "Week at the Beach" or "Hangout Week". Week at the Beach will be August 13 – 17, 2012. Each day, parents will drop off and pick up their children right here at the Westbrook Town Beach. Drop-off will be at the Westbrook Town Hall, if it rains any of these days. Please remember that there are two field trips during this week to add to all the fun.

The week after summer camp is over has always been difficult for finding dependable childcare. Hangout week will be August 20th – 24th, at the Westbrook Library. This week has no fieldtrip but is a great way for children to start thinking about school. Access to library books and other materials will be available so children can catch up on their summer reading. Hours during this week are limited to 8:00 am – 4:00 pm, due to staff availability.

Fall Programs

Fall is right around the corner and children will be back in school soon. This September we will start a new year for all our adult programs. We have Zumba, Yoga, Aerobics, Pilates, Volleyball, Belly Dancing, Qigong and Senior Fitness classes. We're sure to have a fitness class to fit your schedule and desire. Why pay membership fees when you're able to take our classes whenever you wish and only pay for the ones you use?

Our youth sports programs will be starting September 8th. This fall as always, we have our very popular Tot Soccer, Recreational and Travel Soccer programs. For the second year we will have the Challenger Sports staff running our 1st – 5th Grade Recreational Soccer program. Challenger teaches our April and Summer Soccer Camps and will bring their international skills and knowledge. This program will give your child the solid foundation they need to play soccer.

This will be the third year for Youth Badminton. Has your child has enjoyed playing badminton this summer? Now imagine them playing indoors with all their friends. This class is limited due to the small Daisy gym. Sign up as soon as possible! K-4 Karate has been an ongoing favorite with children and parents for many years. Your child will learn to listen, follow directions, learn self-discipline and focus better. We also have our other popular youth programs, Archery and the Red Cross courses such as Babysitting and When I'm In Charge.

This will be our second year of doing the Before and After School program at the Westbrook Middle School. Do you need to drop off your children early in the morning? Do you want your children supervised in a fun and safe environment? Do you want your children to do their homework before they come home, under the supervision of our staff? Each session runs for four weeks (Mon.–Fri.) at a very reasonable rate. Children

may also sign up for certain days each week, at a higher cost per day.

The Westbrook Recreation Board hopes that all of our residents had a happy, safe and fun summer. Please don't delay and register for our Fall programs. If you are not a Westbrook resident and want to receive our brochure, please call us at 1-860-399-3095. Nonresidents are always welcome to join us. Find out why people everywhere are saying: "Westbrook Recreation has programs for everyone and the benefits are endless!"

— Westbrook Recreation Board

Thank You

The Westbrook Chemical Engine Co. #1 (Westbrook Fire Department) wishes to thank everyone for the support shown at our carnival.

Loren E. Baker, Jr., Chairman
Michael Jenkins, Chief

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Contact: Tyson Nolf

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Westbrook-based First Niagara Bank Honored at Middlesex United Way Campaign Awards Event

Volunteers and community leaders gathered at the Crowne Plaza in Cromwell to honor more than ninety companies, organizations, and individuals that contributed \$1,925,000 to the 2011-12 Middlesex United Way Campaign.

After announcing the final amount raised, Gary Simonsen of PrimePay, President of the Middlesex United Way Board of Directors, noted, "The economic environment continues to be a struggle for the average person. And we want to be sure the programs we fund are able to help the people who need it most."

The top honor of the day, the Corporate Spirit Award, was presented to GKN Aerospace Services Structures, a manufacturing company located in Cromwell. The Corporate Spirit Award is the highest honor a company can receive for running a United Way campaign. Other top honors included:

- Leadership Award to Matt DeRienzo of *The Journal Register*, which includes the *Middletown Press*;
- Coordinators of the Year to Jewell Jones and Brian Hedge of Liberty Bank;
- Funding Partner of the Year to Middlesex Habitat for Humanity.

Special Achievement Awards for outstanding United Way campaigns were presented to: Community Health Center; Cooper-Atkins Corp.; Henkels & McCoy; Standard-Knapp; and Webster Bank.

First Niagara Bank was presented with a Campaign Achievement Award for topping \$10,000 in total giving.

Other local awards included:

- Campaign Achievement Awards to Essex Financial Services and Tower Labs;
- Honor Roll Award to Tower Labs recognizing five or more consecutive years of campaign growth;



*Peter Thomas from First Niagara Bank
accepts the company's Campaign
Achievement Award.*

- First Step Award to Essex Financial Services recognizing companies that supported the campaign for the first time;
- Employee Participation Awards to Child & Family Agency of Southeast CT and Essex Savings Bank.

Simonsen recognized the 2011-12 Campaign Co-chairs, Harry Burr and Buddy McDowell, for the leadership during the campaign. He then introduced the incoming Honorary Campaign Chair, Gary Gomola of Mahoney Sabol & Company.

"The theme of the day is 'you make the difference,'" Gomola said. "And when I think about United Way, there is no better expression of how someone can make a difference. It's where you can meet people from all walks of life who share your passion for giving back and serving others."

Middlesex United Way is advancing the common good by creating opportunities for a better life for all. Our focus is on education, income, health and housing – the building blocks for a good quality of life. United Way recruits people and organizations that bring the passion, expertise, and resources needed to get things done. You are invited to be part of the change by giving, advocating and volunteering. That's what it means to Live United.

Middlesex United Way is a locally-based organization serving the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.

Save the Dates:

- Aug. 18** First Congregational Church Fair – Town Green
- Aug. 25** Westbrook Drum Corp. Muster Parade
- Sept. 3** Labor Day - Town Hall Closed
- Sept. 15** Westbrook Historical Society "Day On The Green" (rain date Sept. 16)

WESTBROOK NEWCOMERS' GUIDE

Welcome to Westbrook!

On behalf of *Events Magazines*, welcome to Westbrook. Whether you are new to Connecticut or just new to Westbrook you will find wonderful people and places to visit in town. From the Westbrook Fire Department Carnival to the Westbrook Fife & Drum Muster Parade, Westbrook has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

BUSINESS & PROFESSIONAL SERVICES

USEFUL NUMBERS

MIDDLESEX COMMUNITY FOUNDATION . . . (860) 347-0025
 GEORGE FLYNN CONCERT (860) 669-1208
 CONSUMER PROTECTION (860) 566-2294
 WESTBROOK GARDEN CLUB (860) 399-8963
 9 TOWN TRANSIT (860) 510-0429
 VISITING NURSES OF WESTBROOK (860) 399-3088
 FIRST CONGREGATIONAL CHURCH
 OF WESTBROOK (860) 399-9367
 ST. PAUL'S EPISCOPAL CHURCH (860) 399-5402

IMPORTANT TOWN HALL NUMBERS

ASSESSOR (860) 399-3045
 BUILDING/SANITARIAN (860) 399-3047
 ANIMAL CONTROL OFFICER (860) 399-9869
 EMERGENCY MANAGEMENT (860) 577-0622
 WEB SITE www.westbrookem.com
 HARBOR MASTER (860) 399-9406
 LANDFILL (860) 399-6356
 MUNICIPAL AGENT FOR THE ELDERLY (860) 399-3048
 PROBATE COURT (860) 399-5661
 RECREATION (860) 399-3095
 REGISTRAR OF VOTERS (860) 399-3042
 SELECTMAN'S OFFICE (860) 399-3040
 SOCIAL SERVICE (860) 399-3048
 TAX COLLECTOR (860) 399-3043
 TOWN CLERK (860) 399-3044
 TOWN GARAGE (860) 399-6891
 TOWN WEB SITE www.westbrookct.us
 TREASURER (860) 399-3040
 WESTBROOK SENIOR CENTER (860) 399-2029
 WESTBROOK YOUTH & FAMILY SERVICES (860) 399-9239
 ZONING/PLANNING/WETLANDS (860) 399-3046

SCHOOLS

DAISY INGRAHAM ELEMENTARY SCHOOL . . . (860) 399-7025
 JUNIOR-SENIOR HIGH SCHOOL (860) 399-6214
 MIDDLE SCHOOL (860) 399-2010
 SUPERINTENDENT OF SCHOOLS (860) 399-6432

HOME HEALTH CARE

VISITING NURSES OF WESTBROOK (860) 399-3088

AMBULANCE & OXYGEN

BUSINESS CALLS (860) 399-7000

FIRE DEPARTMENT (860) 399-9492

FIRE MARSHAL

BUSINESS CALLS (860) 399-3047

POLICE DEPARTMENT

RESIDENT TROOPER (860) 399-7304

STATE TROOPER (860) 399-2100

LIBRARY

WESTBROOK PUBLIC LIBRARY (860) 399-6422

ATTORNEYS

POLITO & QUINN (860) 447-3300

SULLIVAN HEISER, LLC (860) 664-4440

AUTO SERVICE

AUTO SERVICE OF OLD SAYBROOK (860) 388-6838

WESTBROOK AUTO SALES & SERVICE (860) 399-6234

BANKS

ESSEX SAVINGS BANK (860) 388-3543

BEAUTY

SALON ALLURE (860) 399-0101

BUILDER/CONTRACTOR

MARK REEVES (860) 388-3825

CHURCH

ST. PAUL'S EPISCOPAL CHURCH (860) 399-5402

COMPUTER SERVICE

SHORELINE PC (860) 318-3132

CONCRETE

WESTBROOK CONCRETE BLOCK CO (860) 399-6201

DANCE SCHOOL

WESTBROOK DANCE ACADEMY (860) 664-4308

EYE PHYSICIAN

MIDDLESEX EYE PHYSICIANS (860) 669-5305

EXTERMINATOR

PROFESSIONAL EXTERMINATING
 COMPANY INC. (860) 388-4483

GARDEN/LANDSCAPE

GREENSCAPE OF CLINTON (860) 669-1880

HOME IMPROVEMENT

BUDGET BLINDS OF OLD SAYBROOK (860) 399-6442

THE PAINT SHOP (860) 388-2345

HOSPITALS

MIDDLESEX HOSPITAL 1 (855) 643-6271
 www.middlesexhospital.org/jointreplacement

OIL COMPANIES

MORONI & SON (860) 388-2298

PENNYWISE OIL (860) 399-8244

WILCOX ENERGY (860) 399-6218

PRINTING

ESSEX PRINTING (860) 767-9087

PSYCHOTHERAPIST

SENIEL LUCIEN, LCSW, PH.D. (860) 526-8109

REAL ESTATE

CENTURY 21 HERITAGE COMPANY (860) 526-1200

COLDWELL BANKER JH&H (860) 399-7202

TEAM JERMAINNE (860) 662-0230

WILLIAM RAVEIS - BETTY MARTELLE (860) 333-7117

WILLIAM RAVEIS - THE CUSHING GROUP (860) 581-8262

WILLIAM RAVEIS - LINDA NOLF (860) 227-8028

RESTAURANTS

RED HOUSE RESTAURANT
 RedHouseRestaurantCT.com

TRANSIT

9 TOWN TRANSIT (860) 510-0429

VOCATIONAL/LIFE SKILLS CENTER

VISTA VOCATIONAL (860) 399-8080

YMCA

VALLEY-SHORE YMCA (860) 399-9622

Want to be listed on the Newcomers' page?

Call Ward Feirer at (914) 806-5500

Registrars of Voters

VOTER UPDATES. The Registrars' Office is open each Tuesday from 11:00 am - 1:00 pm, Thursday from 5:00 pm - 7:00 pm or by appointment. A special session was held in July for the purpose of registration and/or enrollment of electors to be entitled to vote in the Democratic or Republican Primary to be held on August 14 and to be registered to vote in the November 6, 2012 Presidential Election.

To be eligible to vote in the August 14, 2012 Democratic or Republican Party Primary, Westbrook residents must be registered in that designated party. If an elector who has been previously removed from the active list or has been put on the inactive list would like to be reinstated, they must fill out the proper forms in the Registrars' Office. No registered Democrat or Republican may change party affiliation at this time to be eligible to vote in the other party's Primary. The deadline to switch was May 14. Unaffiliated voters who wish to change to a designated party to be able to vote in that party's primary may do so according to the mail-in or in-person deadlines. The Deadline for registration applications to be sent in by mail must be postmarked no later than Thursday, August 9. In person applications will be accepted until 12 noon on August 13.

Any registered eligible voter, if unable to vote in person, may vote by absentee ballot for one of the following reasons: 1) absence from the town during all hours of voting, 2) illness, 3) physical disability, 4) active service in the U.S. armed

forces, 5) religious tenets which forbid secular activity on day of election, primary, or referendum, 6) service as an election official at a polling place other than the official's usual place of voting during all hours of voting. Absentee ballots are available beginning on the 31st day before an election and the 21st day before a primary, upon application properly made, either in person or by mail to the municipal clerk.

A reminder to all registered voters: please inform the Registrars if you have made any change of name, address, telephone number, or want to change your party affiliation. It is important that we have your most current information for our records so that your right to vote is not compromised. Every persons vote is important.

The Democratic and Republican Primaries will be held at the Mulvey Municipal Center, 866 Boston Post Road, in the Multi-purpose room on Tuesday, August 14 from 6:00 am - 8:00 pm. The Presidential and Vice-President, U.S. Senate, Representative in Congress, State Senator, State Representative and Registrar of Voters Election will held on Tuesday, November 6 from 6:00 am - 8:00 pm and will also be held in the Municipal Center. We look forward to seeing you there. If you have any questions, please call us at 860-399-3042.

— *Barbara G. Lupa and Nancy R. Moore,*
Registrars of Voters



Fair Schedule



Chester Fair

August 24-26

Haddam Neck Fair

August 31 - Sept. 3

Guilford Fair

September 21-23

Durham Fair

September 27-30

Berlin Fair

October 5-7

Portland Fair

October 12-14

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Optical (860) 347-8300

Westbrook
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Essex, 9 Main Street, 860-767-8238
Madison, 99 Durham Road, 203-318-8611
Old Saybrook, 155 Main Street, 860-388-3543
Old Lyme, 101 Halls Road, 860-434-1646
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